



**BOYS & GIRLS CLUBS  
OF THE COASTAL PLAIN**

## Reducing the Spread of COVID-19

Clubs can play an important role in preventing the introduction or stopping the spread of COVID-19 in their communities.

Recognizing the symptoms:

### SYMPTOMS OF CORONAVIRUS DISEASE 2019

**Patients with COVID-19 have experienced mild to severe respiratory illness.**

**Symptoms\* can include**

**FEVER**



**COUGH**



**\*Symptoms may appear 2-14 days after exposure.**

**Seek medical advice if you develop symptoms, and have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.**

**SHORTNESS OF BREATH**













For more information: [www.cdc.gov/COVID19-symptoms](https://www.cdc.gov/COVID19-symptoms)



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What's the difference between a cold, the flu and the Coronavirus?

## Symptoms Comparisons – COVID-19 vs Flu or Cold

<b>Symptoms</b>	<b>Coronavirus</b> Symptoms range from mild to severe	<b>Cold</b> Gradual onset of symptoms	<b>Flu</b> Abrupt onset of symptoms
 Fever	Common	Rare	Common
 Fatigue	Sometimes	Sometimes	Common
 Cough	Common* (usually dry)	Mild	Common* (usually dry)
 Sneezing	No	Common	No
 Aches and pains	Sometimes	Common	Common
 Runny or stuffy nose	Rare	Common	Sometimes
 Sore throat	Sometimes	Common	Sometimes
 Diarrhea	Rare	No	Sometimes for children
 Headaches	Sometimes	Rare	Common
 Shortness of breath	Sometimes	No	No

Sources: World Health Organization, Centers for Disease Control and Prevention